

Grace Labyrinth, LLC

Spiritual Coaching Session (In Office) Policies, Terms, and Conditions

SPIRITUAL COACHING SESSION (IN OFFICE) POLICIES:

Please note that this Spiritual Coaching Session takes place IN OFFICE at Grace Labyrinth Wellness Center, 16515 S. 40th St., Suite 125, Phoenix, AZ, 85048.

Each Spiritual Coaching Session is 60 minutes in length. The first session, which includes a history and an assessment, lasts approximately 75 minutes.

FEES AND PAYMENTS:

A 60 minute Spiritual Coaching Session is \$100. Payment is due at the time the Spiritual Coaching Session is booked online. Credit card payments are processed online through Square. Visa, MasterCard, American Express, and Discover are accepted. Cash and checks are not accepted.

CANCELLATIONS:

If you need to cancel or reschedule your session, please give a 24 hour notice. Refunds requested 24 hours before the session will be fully reimbursed. Failure to cancel appointments within the 24 hours of appointment time will be billed at 1/2 the rate. Missed appointments will be billed at the full rate. Emergencies will be considered.

CONFIDENTIALITY:

Spiritual Coaching is a confidential relationship. Maura Kirby and Grace Labyrinth, LLC will keep all information strictly confidential and will not voluntarily release information to an outside party without your approval. Information will be released if Maura Kirby and/or Grace Labyrinth, LLC are required to do so by law or if court order is present.

NONDISCRIMINATION POLICY:

Maura Kirby and Grace Labyrinth, LLC do not discriminate on the basis of age, gender, religion, sexual orientation, color, heritage, race, disability, political beliefs, marital status, or family status.

MAURA KIRBY'S COMMITMENTS AND RESPONSIBILITIES AS SPIRITUAL COACH:

- Maura Kirby will honor and respect the time you are together.
- Maura Kirby will create a sacred space where you feel relaxed, safe, and secure.
- Everything discussed will be held in complete confidentiality.
- Maura Kirby will serve your highest good.
- You can count on Maura Kirby to show up 100% for you.
- Maura Kirby fully accepts you for who you are with no judgment.
- Maura Kirby will provide compassionate service to you through the expression of unconditional love.
- Maura Kirby will have an open heart at all times.
- Maura Kirby will be transparent during your time together.
- Maura Kirby will respect your perceptions of the world.
- It is not Maura Kirby's "job" to change you. It is her privilege to bring into awareness your clarity of choices, and, if you choose, action to your life.
- Maura Kirby will always hold you in a positive light.
- Maura Kirby and you will concentrate on what's working in your life and how to create more that will work for you.
- Maura Kirby believes you have all your answers within.

YOUR RESPONSIBILITIES AS CLIENT:

- You understand that spiritual coaching is a relationship with Maura Kirby that is established to assist with the formation of your personal, spiritual, and/or professional goals and to create a plan to achieve those goals.
- You will communicate with honesty and respect, be open to authentic encouragement, and participate fully in the Spiritual Coaching Session.
- You are fully accountable for your own physical, mental, emotional, and spiritual well-being, as well as your choices, actions, and outcomes.
- All actions and decisions are made by you and are solely your responsibility. You are responsible for your life outcomes based on your choices.
- You understand that a Spiritual Coaching Session is not a substitute for counseling, legal counsel, financial guidance, medical advice, medical treatment, psychotherapy, mental health care, treatment for psychological issues, treatment for physical illness, or treatment for substance abuse.
- If you are currently in therapy or receiving mental health care, you will consult your mental health care professional before the first Spiritual Coaching Session regarding your participation in a spiritual coaching relationship with Maura Kirby.

SPIRITUAL COACHING VERSUS THERAPY, COUNSELING, AND MEDICAL CARE:

Spiritual Coaching is not therapy, counseling, mental health care, or medical treatment. Maura Kirby of Grace Labyrinth, LLC is not a trained psychologist, counselor, or medical care provider. Spiritual Coaching is not meant to be a replacement for counseling, medical treatment, psychotherapy, mental health care, treatment for psychological issues, medical advice, legal advice, treatment for physical illness, or treatment for substance abuse.

WAIVER OF LIABILITY:

You are fully accountable for your own physical, mental, emotional, and spiritual well-being, as well as your choices, actions, and outcomes. All actions and decisions are made by you and are solely your responsibility. You are responsible for your life outcomes based on your choices. You understand that a Spiritual Coaching Session is not a substitute for counseling, legal counsel, financial guidance, medical advice, medical treatment, psychotherapy, mental health care, treatment for psychological issues, treatment for physical illness, or treatment for substance abuse.

There is no guarantee that the Spiritual Coaching Session will produce certain results. Maura Kirby and Grace Labyrinth, LLC are not liable, not responsible, and not accountable for actions chosen, or not chosen, by you. Maura Kirby and Grace Labyrinth, LLC cannot guarantee a specific outcome. Maura Kirby and Grace Labyrinth, LLC make no claims as to the effects of the Spiritual Coaching Session. Maura Kirby and Grace Labyrinth, LLC do not warrant any results, either inferred or expressed, to be attained.

FEEDBACK:

If you feel dissatisfied from the Spiritual Coaching Session or your personal needs are not being fulfilled, please inform Maura Kirby so the session can be made to better suit your situation.

What is your goal or intention for your Spiritual Coaching Session?

If applicable, please list any concerns related to your session or if there is anything else Maura Kirby should know.

Please sign your name below to certify that you have read and agree to the Spiritual Coaching Session (In Office) Policies, Terms, and Conditions listed above.

Client Signature

Date